



ABOUT ARAJILLA
THE SHEAD FAMILY STORY



ARAJILLA RESTAURANT
TANTALISE YOUR TASTE BUDS



BILL'S TOP TEN
THINGS TO DO ON LORD HOWE ISLAND



DIVING IN PARADISE
SPECTACULAR CRYSTAL CLEAR WATERS



WELLNESS DAY SPA
CREATING BALANCE WITHIN THE BODY



LORDHOWE.COM.AU

LORD HOWE ISLAND LUXURY



THANK YOU FOR BOOKING YOUR HOLIDAY AT ARAJILLA RETREAT.

We're a small eco-retreat tucked in a banyan forest just behind Old Settlement Beach, where the turtles come to swim.

There's a lot to do if you feel like it, but nothing you have to do. It's easy here to unplug and slow right down. Take a walk or a swim. Breathe in the forest air. Listen to the birds. At Arajilla you can enjoy the good life and what's good for you.

A trip to our Day Spa can help you relax and restore your balance and energy. Our chefs Ben and James prepare line caught fish and other fresh local produce to make seriously good food.

Our happy, friendly staff all live on site and they are just like family. We love our work and we pitch in together to get things done. We like the simple things done well. To us, that's the good life.

Time. Space. Stars. Sea.

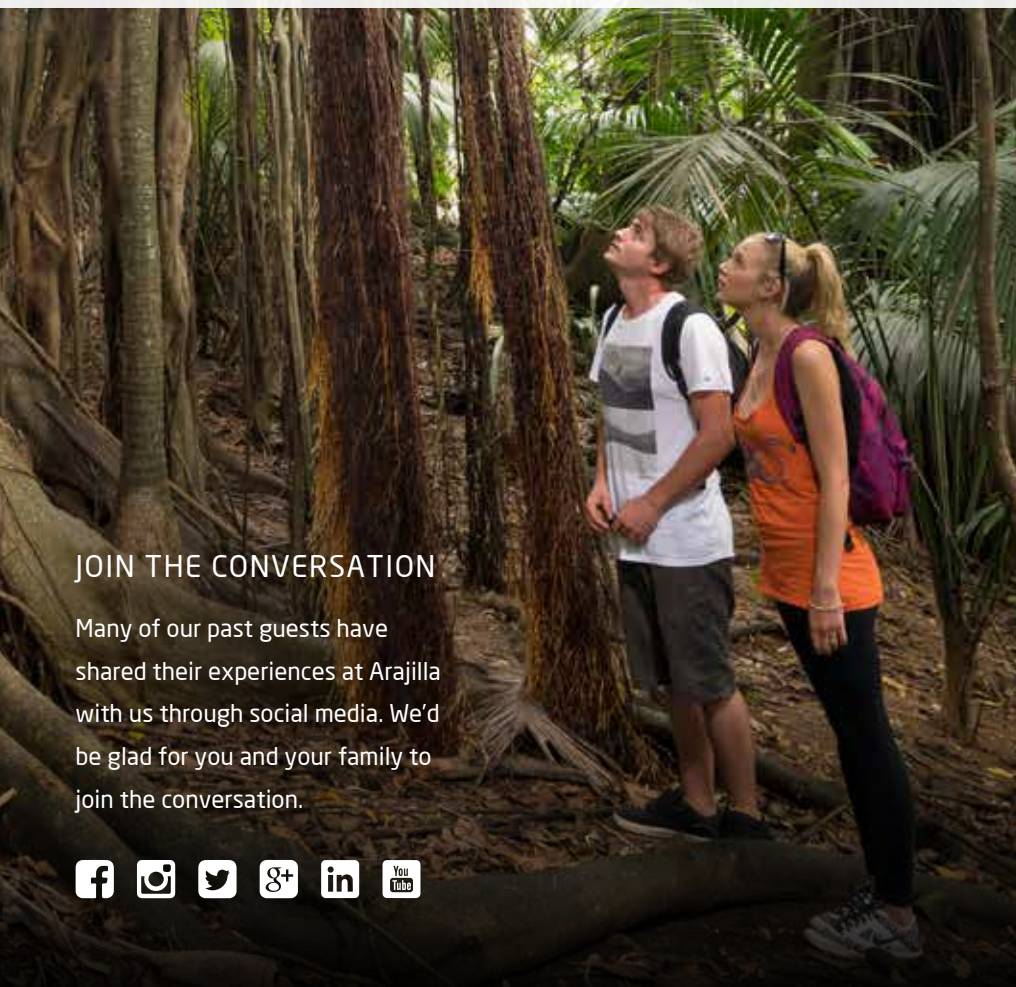
We're sure you'll enjoy reading about the retreat, its history, our family and the activities you can experience on Lord Howe Island here in this magazine.

We look forward to welcoming you soon.

Bill & Janne Shead

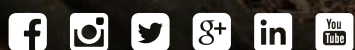
HELP US CREATE YOUR PERFECT TRIP

Our Island has many attractions and activities. If you are seeking a particular activity that requires a booking, please be aware that there aren't many operators and they can book out early, or the weather may change. So we advise you to book early, and we are happy to assist you with this. We can start this process when you arrive!



JOIN THE CONVERSATION

Many of our past guests have shared their experiences at Arajilla with us through social media. We'd be glad for you and your family to join the conversation.





ARAJILLA & THE SHEAD FAMILY

In 1987 there was no regular air service, no regular shipping and nobody much had ever heard of the place.

Bill, Janne and their three girls had been living on the North Shore of Sydney, sailing to Lord Howe Island every year for quite a while.

Bill was working in Real Estate with his father Newell, Janne had started up a catering business and the three girls were going to school and doing what girls do.

Out of the blue, on a Saturday morning in 1987 an advertisement for a property on Lord Howe Island grabbed Bill's attention.



Within a week Bill & Janne were on a plane and soon the property was secured.

Properties on the Island rarely come up for sale and this was a beauty, on Old Settlement Beach on the northern shores of the Island's lagoon in a forest of Kentia Palms and Banyan Trees. The only problem was the terrible buildings; the newly arrived family had to live in a partly demolished house jammed up against a partly built house, or what was then intended to be a house.

Lord Howe then was indeed very remote, 400 nautical miles north east of Sydney in the Tasman Sea. In 1987 there was no regular air service, no regular shipping and nobody much had ever heard of the place.

Within 12 months the "house" was complete and the first ever cafe on the Island was operating with the first espresso machine; staff accommodation was being built so more services could be offered.

Later a hydroponic system was set up to grow food. Water was collected from roof water and via desalination. A waste

water treatment system was set up that reticulated the treated water through the forest gardens.



The so called "house" is now a restaurant, a commercial kitchen, office, laundry, staff accommodation, owners' residence and workshop all well planned to comply with the 15% site coverage stipulation.

A recently built yurt houses the only Wellness Spa on the Island which is managed by dedicated professionals kept busy by the growing demand for their services.

Now after 29 years of hard work, with twelve Suites, a luxury beach house, a restaurant and the Day Spa, Arajilla is the outstanding lodge on the Island.





WELLNESS DAY SPA

Our wellness day spa is housed in a traditional yurt under a majestic Banyan Tree forest. Here we provide relaxing massages and some Ayurvedic Treatments. This is the perfect setting to relax, unwind and enjoy all that this space has on offer.

Ayurveda is an ancient Indian science originating over 5000 years ago. This science of life is one of the worlds oldest health care systems. Not only a health care system but an entire philosophy that encourages the pursuit of a healthy lifestyle.

Choose from one of the many treatments we have on offer that are therapeutic in nature. You receive the benefits on all levels connecting your mind, body and soul. Keeping within Ayurvedic principles and creating balance within the body.

The spa uses Ayurda skin care products. The name Ayurda translates to the “bestower of longevity” this resonates perfectly with Ayurda’s holistic approach to beauty. Incorporating the wisdom of the Ayurveda philosophy recognises that everyone is unique and has delivered a skin care that has amazing results. These products have been formulated with all natural and handcrafted organic ingredients which create nutrition for the skin.

Every ingredient is of the highest grade possible and there are no nasty Chemicals that strip the skin, parabens or sulphates.

All products are hand crafted and receive a blessing ritual twice. First at the time of harvesting and second before they are shipped. All ingredients are tended with care, grown and sun dried in the Himalaya’s.





FEATURED TREATMENTS



Shirodhara Treatment

Shirodhara begins with a soothing hand and foot massage to aid relaxation. Your therapist will then begin the flow of warm oil over your third eye for 30 minutes. This is then followed by an Indian head massage. Shirodhara induces a state of absolute serenity.

⌚ 90 1 Treatment \$170 3 Treatments \$440



Abhyanga Massage

A full body massage using Dosha specific oil and movements to soothe, calm and nurture the body. Rhythmical strokes help to improve energy, lymphatic flow, blood circulation, skin texture and muscle tone. All leaving you feeling an overall sense of well-being.

⌚ 60 \$135





BLUE PETER OUR LUXURY BEACH HOUSE



Our luxurious beach house accommodates two people and consists of a cottage with two bedrooms, two bathrooms, a fully equipped kitchen and a large timber deck under an equally generous pergola.

Its located just down the road from Arajilla Retreat and only 100 meters from your own private beach.

Its the perfect place to enjoy the wonders of Lord Howe Island, where you can connect with nature, and each other and be as laid-back or active as you please.

Blue Peter is fully self-contained and serviced daily. The fridge and pantry are stocked and barbecue packs are available on order 24 hours ahead.

Although you may have already booked your stay at Arajilla Retreat, consider booking your next getaway at our beach house for a more exclusive holiday.



For more information visit our website:
lordhoweislandbeachhouse.com.au



BILL'S TOP 10

THINGS TO DO ON LORD HOWE ISLAND



1 **Climb to Kim's Lookout** For the best views over the island, you can't beat Kim's Lookout. At 200m altitude, it's not quite a walk in the park, but you'll be well rewarded for your efforts with views looking South over the whole island, the lagoon and out to Mount Gower. Just don't forget your camera!



2 Swim in the lagoon

There are few places on Earth that can claim such natural beauty as Lord Howe. A trip to the island would not be complete without a swim or snorkel at Sylphs Hole, on Old Settlement Beach, that's where the turtles come to swim.



3 Water Sports on the Island

If you are looking for something a little more adventurous, the Island offers perfect conditions for surfing, kite-surfing or windsurfing. Blinky Beach, Middle Beach, Neds Beach or Little Island are great surfing places subject to the prevailing conditions. The Lagoon is the place to kite surf, that is if you have the gear because it's not available here. Let us know when you arrive so we can check the local conditions to help you pick the best beach on the day.



4 Enjoy a relaxing spa treatment

After all that walking, surfing and swimming take it easy for a few hours and head to the spa. I'd personally recommend a full body massage to relieve any remaining tension and stress from the mainland.



5 World Class Scuba Diving

Lord Howe Island is reputed to be amongst the best dive locations in the world. Whether you're a seasoned pro or someone who's never dived before local dive companies, Pro Dive or Howe Divers, will take good care of you. You'll be sure to love the experience so much you'll want to come back.



6

Take a leisurely walk

If you prefer a slower pace of life, there are endless walks on the island that guests to Arajilla enjoy. Be sure to take in the many interesting place names such as The Valley of Shadows, The Clear Place and Transit Hill along your way. If you're looking for a more adventurous walk be sure to organise a trip up Mt Gower with local tour guide Jack Shick.



7

A spot of fishing

I just love to fish here, in fact, I'd say it's my favourite thing to do here! Head out to sea for a chance to catch one of the 500 species of fish that inhabit the local waters. If you're lucky you might hook a Kingfish, Yellowfin Tuna or Wahoo. Our chefs would be happy to prepare your fish for dinner in our restaurant if you happen to catch a worthwhile meal.



8

Stalk our feathered friends

Lord Howe Island is a haven for bird-life and as such regularly attracts the world's top ornithologists. The island is home to 166 different species, including Whiter Terns, Providence Petrels, Shearwaters and Blue Billies. When you arrive, let us share the story of a very special bird that is endemic to the island, thought extinct until recently.



9

A picnic or BBQ for two

We'll supply you with your very own picnic, complete with food of your choice from our menu and we provide you with everything you might need for an Island picnic, down to the matches and paper to light the fire. There are lots of beautiful places to picnic - North Bay (my favourite), Old Settlement Beach, Cobby's Corner, under the pines on the lagoon where you can set up your BBQ with the firewood supplied.



10

Switch off and get lost

With the island being so small and without much in the way of mobile signal, we challenge you to learn what it is to truly relax. Drop off your devices and head off for your very own adventure.

DIVING IN PARADISE

Diving in the crystal clear waters around Lord Howe Island rates amongst the most pristine and spectacular in the world.



We love to take people with us to explore the undersea world and with over 60 dive sites to choose from we endeavour to make every dive new and exciting.

The diving in the crystal clear waters around Lord Howe Island rates amongst the most pristine and spectacular in the world. Some of the most exceptional diving around Lord Howe Island is located at the Admiralty Islands and Balls Pyramid.

The Admiralties are home to an abundance of soft corals, large schools of both temperate and tropical fish species, turtles, Galapagos whaler sharks and nudibranchs; to name a few. The world famous Balls Pyramid is home to large black coral trees, underwater caves and it is believed to be the only place in the world where you can see the Ballina Angelfish on recreational SCUBA.

For those who have never tried SCUBA diving before we offer the PADI Discover Scuba Diving experience in which you can see what it is like to breathe underwater.

Our qualified PADI instructors will teach you some theory and skills before taking you on a guided dive in the sheltered waters of our beautiful lagoon, a truly memorable experience.

We look forward to diving with you soon.

PRO DIVE SPECIAL OFFER

Mention this ad and book before arrival on the island to receive 10% discount on your dive or package



ARAJILLA RESTAURANT



TANTALISE YOUR TASTE BUDS

'Fresh produce, cooked well with a flair of creativity' is the mantra of Arajilla's Head Chef, Ben Crompton.

During your stay you'll be treated to food that excites your tastebuds, with an ever changing menu designed to take in what's in season and where possible incorporates the best of the local produce too.

It's this lifetime of passion that comes through in the food served at Arajilla. From in-house baked bread through to the locally supplied line-caught fish, the culinary brigade supported by the experience baking of owner Janne, go all out to impress. The chefs even take a hand in growing their own greens and micro-herbs.

Our team are very flexible and want to ensure that we are creating food that you'll love. If you have any special dietary requirements please let us know prior to arrival, to make sure we are able to plan ahead.

SAMPLE MENU

Entrees

SEARED SCALLOPS

Cauliflower Puree Dutch Carrots
Olive Crumbs & Crisp Parsnip

WATERMELON GOATS CHEESE SALAD

Shallots, Toasted Pine Nuts

Mains

ROASTED PORK LOIN

Kipfler Potato Chorizo & Celeriac
Puree Broccoli Asparagus Crisp Sage
Pomegranate Jus

LOCAL KINGFISH

Coconut Red Curry Emulsion
Sweet Potato & Ginger Dumplings
Green Papaya Cucumber Herb Salad
Crisp Lotus Root

Vegetarian

WILD MUSHROOM & HERB RISOTTO

Roasted Cherry Tomatoes Crisp Goats
Cheese
Roll
Truffle Dust & Local Rocket

Desserts

BLUEBERRY PANNACOTTA

Raspberry Puree Candied Macadamia
Toffee Shard & Persian Fairy Floss

CRÈME CAMEL

Chocolate Pate Honey Comb
Caramel & Vanilla Cremacotta
Biscotti Fresh Berries

MOUNT ELIZA

World Heritage Reserve



Arajilla
LORD HOWE ISLAND
Beach House

Neds Beach

Old Settlement Beach



Hunter Bay

Jims Point

The Lagoon



Arajilla
LORD HOWE ISLAND

Reception, Suites,
Restaurant & Spa

Lagoon Road

Neds Beach Road

Café,
Post Office,
Shops

Lagoon Road

Middle Beach Road

To Airstrip



ESCAPE THE EVERYDAY

"So extraordinary it is almost unbelievable...
Few islands, surely, can be so accessible,
so remarkable, yet so unspoilt."

Sir David Attenborough



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